



Youth, Teen, Family and Sports Classes & Programs Schedule

2010 SESSION 5 • September 13 - October 31

Chain of Lakes YMCA • 651-795-9622 PHONE • 651-784-7135 FAX

BUILDING HOURS

Monday-Friday: 5:00 a.m. - 10:00 p.m.
Saturday: 7:00 a.m. - 8:00 p.m.
Sunday: 10:00 a.m. - 8:00 p.m.

KIDS STUFF HOURS

Monday-Friday: 8:00 a.m. - 8:00 p.m.
Saturday: 9:00 a.m. - 3:00 p.m.
Sunday: Noon - 8:00 p.m.

***Classes may be cancelled if enrollment minimums are not met.

Begin Time		End Time	AM/PM	Class	Class Code	2 Digit ID	Metro Family & Dual Members Fee	St. Paul Family Member Fee (STPL only)	Program Participants Fee
MONDAY									
YOUTH SPORTS CLASSES									
PRESCHOOL SPORTS CLASSES: AGES 3-5									
11:30	to	Noon	pm	Preschool Sports Sampler: Ages 3-5	03302 - 10		L	\$32	\$64
4:00	to	4:30	pm	Preschool Flag Football: Ages 3-5	03328 - 10		L	\$32	\$64
YOUTH SPORTS CLASSES									
SCHOOL AGE SPORTS CLASSES: AGES 6-15									
4:40	to	5:25	pm	School Age Flag Football: Ages 6-8	03318 - 10		L	\$32	\$64
4:40	to	5:25	pm	School Age Flag Football: Ages 9-11	03318 - 11		L	\$32	\$64
TEENS									
2:30	to	8:30	pm	Teen Centers	03403 - 01		S	S	S
				Youth in Government Model Assembly Session	06103 - 01		S	S	S
Contact Liz Guimont for more information									
YOUTH ENRICHMENT									
10:45	to	11:15	am	Preschool Youth Dance Sampler: Ages 3-5	05203 - 10		L	\$32	\$64
TUESDAY									
YOUTH SPORTS CLASSES									
PRESCHOOL SPORTS CLASSES: AGES 3-5									
4:30	to	5:00	pm	Preschool Soccer: Ages 3-5	03325 - 20		L	\$32	\$64
YOUTH SPORTS CLASSES									
SCHOOL AGE SPORTS CLASSES: AGES 6-15									
5:05	to	5:45	pm	School Age Soccer: Ages 6-8	03315 - 20		L	\$32	\$64
5:05	to	5:45	pm	School Age Soccer: Ages 12-15	03315 - 21		L	\$32	\$64
TEENS									
2:30	to	8:30	pm	Teen Centers	03403 - 01		S	S	S
YOUTH ENRICHMENT									
10:00	to	10:30	am	Preschool 3-D Art: Ages 3-5	05129 - 20		L	\$32	\$64
10:45	to	11:15	am	Preschool Youth Dance Sampler: Ages 3-5	05203 - 20		L	\$32	\$64

S - See Member Services for Details
F - Free with one time \$35 registration fee
M - Members Only
L - First Land Class Free

Registration required for most classes.
REGISTRATION BEINGS AUGUST 13, 2010
Visit www.ymcatwincities.org



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Saturday: 9:00 a.m. - 3:00 p.m.
Sunday: Noon - 8:00 p.m.

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YOUTH-FITNESS AND WELLNESS

6:00	to	7:00	pm	PHD: Physical Healthy Driven 5-10	03369 - 20	\$50	\$50	\$66
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WEDNESDAY

TEENS

2:30	to	8:30	pm	Teen Centers	03403 - 01	S	S	S
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Youth in Government Model Assembly Session

06103 - 01	S	S	S
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Contact Liz Guimont for more information

YOUTH ENRICHMENT

10:00	to	10:45	am	School Age Sign Language: Ages 6-8	05105 - 30	L	\$32	\$64
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11:00	to	11:30	am	Preschool Sign Language: Ages 3-5	05105 - 31	L	\$32	\$64
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HOME SCHOOL

Noon	to	1:00	pm	Home School Gym: Ages 5-8	03409 - 30	S	S	S
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1:05	to	2:05	pm	Home School Gym: Ages 9-12	03409 - 31	S	S	S
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THURSDAY

TEENS

2:30	to	8:30	pm	Teen Centers	03403 - 01	S	S	S
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YOUTH ENRICHMENT

4:30	to	5:00	pm	Preschool Youth Dance Sampler: Ages 3-5	05203 - 40	L	\$32	\$64
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5:15	to	6:00	pm	School Ages Youth Dance Sampler: Ages 6-8	05203 - 41	L	\$32	\$64
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YOUTH-FITNESS AND WELLNESS

6:00	to	7:00	pm	PHD: Physical Healthy Driven 5-10	03369 - 20	\$50	\$50	\$66
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YOUTH-RECREATION

10:45	to	11:15	am	Preschool Gym Games: Ages 3-5	03330 - 40	L	\$32	\$64
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FRIDAY

TEENS

2:30	to	8:30	pm	Teen Centers	03403 - 01	S	S	S
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SUNDAY

YOUTH SPORTS CLASSES

PRESCHOOL SPORTS CLASSES: AGES 3-5

3:30	to	4:00	pm	Preschool Basketball: Ages 3-5	03323 - 70	L	\$32	\$64
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YOUTH SPORTS CLASSES

SCHOOL AGE SPORTS CLASSES: AGES 6-15

4:00	to	4:45	pm	School Age Basketball: Ages 6-8	03310 - 70	L	\$32	\$64
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4:00	to	4:45	pm	School Age Basketball: Ages 9-11	03310 - 71	L	\$32	\$64
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