

LAP POOL SCHEDULE
Andover YMCA Community Center
Effective June 11, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Lap Swim	Lap Swim		Lap Swim		Closed	Closed
5:30am	(5 Lanes available)	(5 Lanes available)		(5 Lanes available)			
6:00am	5:00-6:10am	5:00-6:10am		5:00-6:15am		Lap Swim (5 lanes available) 7:00-7:40am	Lap Swim (5 lanes available) 7:00-9:00am
6:30am							
7:00am	Water X (3) 6:15-7:15am	Water X (2) 6:15-7:15am	Lap Swim (5 lanes available) 5:00-8:25am	Water X (2) 6:15-7:15am	Lap Swim (5 lanes available) 5:00-8:30am	Water X (3) 7:45-8:45am	
7:30am							
8:00am	Lap Swim (5) 7:20-8:25	Lap/Open Swim (5) 7:20-8:55am		Lap/Open Swim (2) 7:20-8:55am		SWIM LESSONS (1) 9:00am-1:00pm	Lap/Open Swim (2) 9:00am-5:00pm
8:30am							
9:00am						SWIM LESSONS (1) 9:00am-1:00pm	
9:30am	Water X (1) 8:30-11:30pm	Swim Lessons (1) 9:00-1:00pm	Water X (1) 8:30-11:30pm	Swim Lessons (1) 9:00-1:00pm	Water X (2) 8:30-11:30am		
10:00am	Swim Lessons (1) 9:00-1:00pm	Water X (1) 9:30-10:30am	Swim Lessons (1) 9:00-1:00pm	Water X (1) 9:30-10:30am		Lap/Open Swim (2) 1:00-9:50pm	
10:30am		Swim Lessons (1) 9:00-1:00pm		Swim Lessons (1) 9:00-1:00pm			
11:00am						Lap/Open Swim (2) 1:00-9:50pm	
11:30am							
12:00pm	Arthritis (1) 11:30-12:30pm	MS (2) 11:30-12:15pm	Arthritis (1) 11:30-12:30pm	MS (2) 11:30-12:15pm	Arthritis (2) 11:30-12:30pm	Lap/Open Swim (2) 1:00-9:50pm	
12:30pm		Swim Lessons (1) 9:00-1:00pm		Swim Lessons (1) 9:00-1:00pm			
1:00pm						Lap/Open Swim (2) 1:00-9:50pm	
1:30pm	Lap/Open Swim (2) 1:00-4:00pm	Lap/Open Swim (2) 1:00-4:00pm	Lap/Open Swim (2) 1:00-4:00pm	Lap/Open Swim (2) 1:00-4:00pm	Lap/Open Swim (2) 12:30-9:50pm		
2:00pm						Lap/Open Swim (2) 1:00-9:50pm	
2:30pm							
3:00pm						Lap/Open Swim (2) 1:00-9:50pm	
3:30pm							
4:00pm						Lap/Open Swim (2) 1:00-9:50pm	
4:30pm							
5:00pm						Lap/Open Swim (2) 1:00-9:50pm	
5:30pm	SWIM LESSONS 4:00-7:15pm (1)	SWIM LESSONS 4:00-7:15pm (1)	SWIM LESSONS 4:00-7:15pm (1)	SWIM LESSONS 4:00-7:15pm (1)			
6:00pm						Lap/Open Swim (2) 1:00-9:50pm	SWIM LESSONS (1) 5:00-8:00pm
6:30pm							
7:00pm						Lap/Open Swim (2) 1:00-9:50pm	Lap/Open Swim (2) 8:00-8:50pm
7:30pm	Lap/Open Swim (2) 7:15-9:50pm	Shallow Water X 7:30-8:30pm (2)	Lap/Open Swim (2) 7:15-9:50pm	Lap/Open Swim (2) 7:15-9:50pm			
8:00pm		Lap/Open Swim (2) 7:15-9:50pm				Lap/Open Swim (2) 1:00-9:50pm	Lap/Open Swim (2) 8:00-8:50pm
8:30pm							
9:00pm						Lap/Open Swim (2) 1:00-9:50pm	Closed
9:30pm							
10:00pm							

Facility Hours
Sunday 7:00am-8:00pm
Monday -Friday 5:00am-10:00pm
Saturday 7:00am-10:00pm

Kid Stuff Hours
Monday-Thursday 8:00 a.m. - 8:00 p.m.
Friday 8:00 a.m. - 7:00 p.m.
Saturday 8:00 a.m. - 2:00 p.m.
Sunday 9:00 a.m. - 1:00 p.m. & 3:00 p.m. - 7:00 p.m.



Andover YMCA
 763.230.9622

Pool Guidelines:

- All members and guests must shower before entering the pools.
 - All swimmers 16 years and younger must be supervised by an adult in the water at all times during open swim until they have passed a swim test.
 - All Children wearing approved flotation devices during open swim times are considered high risk swimmers and must be within arms length of an adult at all times
 - Members and Guests must be 15 years of age to use the Sauna or Whirlpool.
 - Children that are not potty trained are required to wear tight fitting plastic pants over a swim diaper.
 - Diapers are not allowed
 - "Little Swimmers" are allowed only when worn with plastic pants
 - Reusable plastic pants are sold at Member Service for \$2
 - During all Open Swim times, safety ropes will be in place to mark the deep ends of both pools.
 - We encourage circle swimming to accommodate all members and guests wishing to swim laps. Remember to stay to the right side of the lane so faster swimmers may pass on the left. Thank you for sharing during these times.
 - 1 mile = 72 lengths of the pool = 36 laps
- (0) There are 0 lap lanes guaranteed for lap swimming during this activity
 (1) There is 1 lap lane guaranteed for lap swimming during this activity
 (2) There are 2 lap lanes guaranteed for lap swimming during this activity
- All swimmers under 16 years old MUST pass a swim test.
 - Swim Test: Shallow water swim test - Front float 5 seconds, stand up, back float 5 seconds, stand up. Deep water swim test - 30 treading water, 10 seconds front float with face in water, 10 seconds treading water. Lifeguard at the far end of the lap pool will administer swim test during times when the slides are on.

