

POOL SCHEDULE

Downtown Minneapolis YMCA

March 2009

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM		Water X Power (3) 6:30-7:30 Lap Swim (5)		Water X Power (3) 6:30-7:30 Lap Swim (5)			
7:30 AM							
8:00 AM							
8:30 AM	Lap Swim (6) 5:30a.m.-11:35a.m. Open Swim (2)		Lap Swim (6) 5:30a.a-11:35am Open Swim (2)	Lap Swim (6) 7:30-11:35 Open Swim (2)	Lap Swim (6) 5:30a.a-11:35am Open Swim (2)	Adult Beg. (3) 9:00a.m.- 9:40a.m. Lap Swim (5)	Lap Swim (6) 8:00a.m-7:00p.m Open Swim (2)
9:00 AM		Lap Swim (6) 7:30-11:35 Open Swim (2)				ParentChild/ Preschool 10:00a.m - 10:30 a.m. Lap Swim (6)	
9:30 AM						School age Lessons (2) 10:45a.m.-11:25a.m. Lap Swim (6)	
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	WaterX (2) 11:45a.m.- 12:30 p.m. Lap Swim (2) Organized Swim (4)	Organized Swim (4) 11:45a.m-12:30p.m. Lap Swim (4)	WaterX (2) 11:45a.m.- 12:30 p.m. Lap Swim (4) Organized Swim (2)	Organized Swim (4) 11:45a.m-12:30p.m. Lap Swim (4)	WaterX (2) 11:45a.m.- 12:30 p.m. Lap Swim (4) Organized Swim (2)		
12:30 PM							
1:00 PM							
1:30 PM					High School Kids (2) 1:20-1:55 Lap Swim (6)		
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM		Lap Swim (6) Open Swim (2) 1:00p.m- 5:35p.m.				Lap Swim (6) 12:00p.m-7:00 p.m Open Swim (2)	
4:00 PM	Lap Swim (5) Fair School Lessons (3) 3:30-4:30 p.m.			Lap Swim (6) Fair school Swim Crew 2 3:30-4:30 p.m.	Lap Swim (6) 1:55p.m-9:30 p.m Open Swim (2)		
4:30 PM							
5:00 PM	Lap Swim (6) Open Swim (2) 4:30p.m- 4:50p.m		Lap Swim (6) Open Swim (2) 4:30p.m- 4:50p.m	Lap Swim (6) Open Swim (2) 4:30p.m- 4:50p.m			
6:00 PM	Adult Lessons (3) 4:50p.m.-7:00p.m. Lap Swim (5)	Adults Lessons (2) 5:35p.m-7:00p.m Lap Swim (6)	Adult Lessons (3) 4:50p.m.-7:00p.m. Lap Swim (5)	Adults Lessons (2) 4:50p.m-7:00p.m Lap Swim (6)			
6:30 PM							
7:00 PM							
7:30 PM	Lap Swim (6) 7:00p.m-9:30 p.m. Open Swim (2)	Lap Swim (6) 7:00p.m-9:30 p.m. Open Swim (2)	Lap swim (6) 7:00p.m.-9:30p.m. Open Swim (2)	Lap Swim (6) 7:00p.m-9:30 p.m. Open Swim (2)			
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Closed	Closed

The minimum number of lanes used for a particular activity are listed next to that activity ex. Lap Swim (2).

All classes subject to cancellation due to low attendance.

YMCA Schedules are available on our website www.ymcatwincities.org

Facility Hours:

Monday-Friday 5:30a.m.-9:30p.m.

Saturday 7:00a.m.-7:00p.m.

Sunday 8:00a.m.-7:00p.m.



FYI... Times that are highlighted during the week are peak hours; during these time please expect to possibly swim two or more swimmers to a lane.